

Annual Follow-up Consultation

Medical Tether: we write 1 years worth of Rx's, maximum

Annual visit is mandatory

Prior to visit: email link to

“Annual Visit Follow-up Questionnaire”

First 1.5 pages are identical to the
“Follow-up Visit Questionnaire”

The screenshot shows a web-based questionnaire titled "Annual Visit Menopause Questionnaire". It is divided into several sections:

- Patient Information:** Includes fields for First Name (Jane), Last Name (Rose), Date of Birth (11/06/1967), Today's Date (11/09/2017), and Age (50).
- Your current hormone program:** A table with columns for Hormone, Strength, Base, Dosage, and Location. Rows include Bi-Est, Progesterone, Testosterone, DHEA, and Thyroid, each with a "Select Option" dropdown.
- Day of month you stop/begin:** A series of dropdowns for stopping and beginning dates for Bi-Est, progesterone, DHEA, and testosterone.
- Symptoms:** A list of symptoms with corresponding dropdowns for frequency or severity, including Hot flashes, Night sweats, Sleep disturbance, Vaginal dryness, Warm rushes, Kicking covers off at night, Awaken with racing mind, and Use of lubrication during intercourse.

Blood tests
24h hormone test
Gyn exam
TVUS
Mammogram
Breast US
Breast thermography
Bone density
Other

Please record date and result of most recent:

Date

Comment

DATE

COMMENT

Blood tests:

Select Option



24 hour urine hormone test:

Select Option



Gynecological exam:

Select Option



Transvaginal ultrasound:

Select Option



Mammogram:

Select Option



Breast ultrasound:

Select Option



Breast thermography:

Select Option



Bone density:

Select Option



Other:

Select Option



Any additional comments?



Additional Comments

You have completed the entire questionnaire. Congratulations!

Submit

Annual Followup

Ongoing yearly monitoring is important

This is an historical experiment

Hormones are potent

Our literature challenges their safety

Become familiar with our literature

Breast screening methods have false negatives

Issue with thermography and value of it

Transvaginal Ultrasound may be needed at times

Our growing knowledge & experience leads to
protocol changes