

3rd Consultation (or beyond) in the Initial Follow-up Series

This could-be final consultation of the initial follow-up consultations

- Once again, patient is emailed a link to “Follow-up Visit Questionnaire” short form
- Once again, during the consultation, you are reviewing the questionnaire
 - You will learn that your patient is either doing well... or not
 - Also, there are those physicians and NP’s who test, and those who do not

3rd Rx: Without Test Results

Reviewing the questionnaire will reveal a need to tweak dosages, or not, depending on how she is doing

- The dose you calculated on the 2nd Consultation Calculator could be patient's stable Rx, if she is stable
- If she's improved, yet still with symptoms, tweak
 - o We have a "Subsequent Dosage Calculator"... for this tweaking when hormone test results are not available.
 - o (You might know already that Bi-Est Ratio can be changed: this is not the time or calculator to do this)

3rd (or beyond): Initial Follow-up Series

Two types of ongoing dosage calculation can occur:

- Without test results:
 - o Tweaking of the Bi-Est mg/ml if symptoms still are occurring
 - o Tweaking of Progesterone, even changing route
 - o Androgen addition is possible

- With test results:
 - o Same as above, with possible addition of tweaking the Bi-Est E3/E2 ratio, based on patient's symptoms plus the E3/E2 ratio on the 24 hour urine hormone test

3rd Rx: *Without Test Results*

Go online to menopausemethod.com > For Medical Professionals > Members Area, and scroll down to “Calculators.” Select “Subsequent Consultations”

RX CONVERTER

3rd and subsequent consultations

Patient Name*

Date* (mm/dd/yyyy)

Current Rx

Prescription	mg/ml	E3:E2	mgee/gtt
<input type="text" value="- Start here -"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
drops/day	mgee/day	Patient Symptoms	
<input type="text"/>	<input type="text"/>	<input type="text" value="- Select Option -"/>	

New Rx

Prescription	mg/ml	E3:E2	mgee/gtt
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
drops/day	mgee/day		
<input type="text"/>	<input type="text"/>		

See Below

Entry fields

3rd Rx Without Test Results

RX CONVERTER

3rd and subsequent consultations

Patient Name*

Rose Green

Date* (mm/dd/yyyy)

11/10/2017

Current Rx				New Rx			
Prescription	mg/ml	E3:E2	mgeeq/gtt	Prescription	mg/ml	E3:E2	mgeeq/gtt
Bi-Est	41	80:20	0.6	Bi-Est	33	80:20	0.48
drops/day	mgeeq/day	Patient Symptoms		drops/day	mgeeq/day	Add To Rx See Below	
5	3.0	Minor excess		5	2.4		

What you have achieved:

- Keeping the # of drops/day @ 2 & 3
Thus keeping the Rx @:
optimal amount of drops and 1 month's supply
- Reducing the dose b/o Sx of Minor excess

3rd Rx Without Test Results

RX CONVERTER

3rd and subsequent consultations

Patient Name*

Rose Green

Date* (mm/dd/yyyy)

11/10/2017

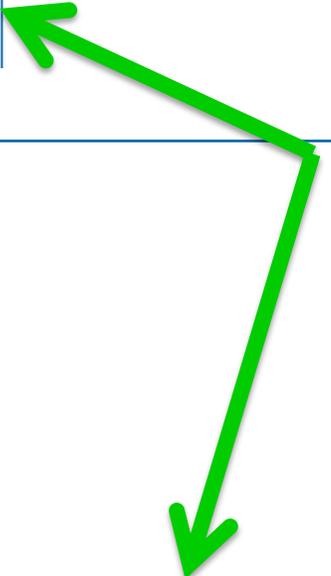
Current Rx

Prescription	mg/ml	E3:E2	mgeeq/gtt
Bi-Est	41	80:20	0.6
drops/day	mgeeq/day	Patient Symptoms	
5	3.0	Minor excess	

New Rx

Prescription	mg/ml	E3:E2	mgeeq/gtt
Bi-Est	33	80:20	0.48
drops/day	mgeeq/day		
5	2.4		

Add To Rx
See Below



Final Calculated Rx

Patient Name

Date 11/29/2017

Rx: mmo Bi-Est 33 mg/ml 80:20

D.T.D. 8.5 ml

Sig. 5 (2 drops morning and 3 drops evening)

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