

Starting Rx

Prescription mg/ml E3:E2 mgeeq/gtt

- Start here ▾

drops/day mgeeq/day Patient

 Symptoms

- Select Option - ▾

New Rx

Prescription mg/ml E3:E2 mgeeq/gtt

 NA

drops/day mgeeq/day

Add To Rx
See Below

Starting Rx

Prescription mg/ml E3:E2 mg/drop

Progesterone 200 NA 8.7

drops/day mg/day Patient

4 34.8 Symptoms

Minor Insufficiency

New Rx

Prescription mg/ml E3:E2 mg/drop

Progesterone 166 NA 7.25

drops/day mg/day

6 43.5

Add To Rx
See Below

Fixed @ 6 gtt

Final Calculated Rx

Patient Name

Rx: mmo Bi-Est 41 mg/ml 80:20

D.T.D. 8.5 ml

Sig. 5 (2 drops morning and 3 drops evening)

Rx: mmo Progesterone 166 mg/ml

D.T.D. 8.5 ml

Sig. 6 drops h.s.

Rx: mmo Bi-est 30 mg/ml 80:20

DTD: 8.5 ml

Sig: 5 drops

(2 drop morning, 3 drops evening)

Rx: mmo Progesterone 166 mg/ml

DTD: 8.5 ml

Sig: 6 drops h.s.

Print



Another Progesterone Example

Starting Rx				New Rx			
Prescription	mg/ml	E3:E2	mg/drop	Prescription	mg/ml	E3:E2	mg/drop
Progesterone	200	NA	8.7	Progesterone	T.V. or P.O.**	NA	See notes
drops/day	mg/day	Patient Symptoms		drops/day	mg/day		
7	60.9	Minor Insufficiency		See notes	See notes		Add To Rx See Below

Notes

* Applied dosage ≠ absorbed dosage. Always test before 3rd consultation.

** This is usually an excessive amount of oil.

** Switch to either Intravaginal: begin with 3 drops/night of 200mg/ml or begin oral titrating upwards starting with 25 mg h.s.

** Switch to either:

Intravaginal: begin with 3 drops/night of 200 mg/ml, or

Oral progesterone, starting dose determination w 25 mg h.s.

** This usually will result in an excessive amount of oil, all h.s.

2nd Consultation: Your First Follow-up

- Write Rx
- Schedule 2nd follow-up consultation (3rd visit) for 4 - 5 weeks hence
- Give or have shipped, 24 hour urine hormone test kit
 - o Instruct patient that if she feels very well, then she is to complete and ship kit to lab 10 days prior to our scheduled consultation
 - o Also, a reminder: patient should take her hormones “religiously” for at least a week before, plus during, urine collecting time.
 - o If she still does not feel optimal: hold off on test and schedule a consultation

Not for the feint of heart

